

The LGBTQI Identity Iguana

The LGBTQI Identity Iguana infographic is a powerful educational tool that helps understand the concepts of gender identity, sexual identity (orientation), gender expression, sex, physical/romantic/emotional attraction, and the impact of culture and geography.

Gender Identity: *One's internal sense of being male, female, both female and male, or neither. All human beings have a gender identity. For transgender people, sex assigned at birth and one's gender identity is incongruent. For cisgender people, sex assigned at birth and one's gender identity is congruent. For intersex people, the term sex is generally more inclusive as one's assigned sex at birth (ASAB) was often not intersex. An intersex person's true sex is intersex. The intersex community is often assigned male or female at birth (AMAB or AFAB), causing trauma both psychologically and physically. The individual is left often isolated and invisible.*

Gender Expression: *Physical manifestation of one's gender identity (clothing, hairstyle, voice, body shape, etc.). Most humans seek to make their gender expression (how they look) match their gender identity (who they are).*

Sex or Assigned Sex at Birth: *Classification of people as male, female, intersex, or another possibility. Socially assigned based on a combination of anatomy, hormones, and chromosomes.*

Physical/Romantic/Emotional Attraction (Sexual Identity [Orientation]): *Who one loves.*

Culture: *One's shared beliefs and customs as a member of a social group.*

Geography: *One's relationship with physical location.*

Directions: Fill in the Identity Iguana with your personal identifiers. Use the chart below for examples, but this list is not exhaustive and is ever evolving.

<i>Identity Concept:</i>	<i>Gender Identity</i>	<i>Gender Expression</i>	<i>Sex</i>	<i>Physical/Romantic/Emotional Attraction</i>	<i>Culture</i>	<i>Geography</i>
<i>Examples of identities:</i>	<ul style="list-style-type: none"> • Queer • Woman • Trans Man • Trans Woman • Man • Trans • Non-binary • Agender • Gender-fluid • Androgyne • Cisgender • Genderqueer • Gender Nonconforming (GNC) • Pangender • Two-Spirited • Another possibility: _____ 	<ul style="list-style-type: none"> • Feminine • Masculine • Gender-Neutral • Androgynous • Another possibility: _____ 	<ul style="list-style-type: none"> • Intersex • Assigned Female at Birth • Assigned Male at Birth • Another possibility: _____ 	<ul style="list-style-type: none"> • Bisexual • Gay • Lesbian • Heterosexual • Pansexual • Aromantic • Asexual • Another possibility: _____ 	<ul style="list-style-type: none"> • Faith beliefs • Government • Family • Community • Role expectations • Gender role strain • Language • National origin • Ethnicity • Minority stress • Skin color • SES • Another possibility: _____ 	<ul style="list-style-type: none"> • Hemisphere • Continent • Country • State • Province • Region • City • Another possibility: _____